

IN SCHOOL PROGRAM
REPORT
2015-2016



GET ACTIVE!

CHANGE THE GAME!



Husky Sport
Department of Educational Leadership
249 Glenbrook Road, Unit 3093
Storrs, Connecticut 06269

IN SCHOOL PROGRAM REPORT



2015-2016 ANNUAL REPORT	
Program Scope	3
Curriculum & Lessons	4
K, 1, & 2	5
3 & 4	6
5 & 6	7
Testimonials	8
Looking Ahead	9

*Get Active!
Change the Game!*

Program Overview

The In-School Program, offered as an enrichment period similar to physical education, music, or art, served nearly 250 Hartford Public School students at John C. Clark Elementary and Middle School during the 2015-2016 school year. Clark School’s K–6th students took part in weekly 45-minute classes with Husky Sport. Students and teachers from the 13 different classes joined with UConn staff and student-volunteers to engage in a sport based youth development (SBYD) curriculum that included nutrition education and healthy food tastings, structured physical activities, interactive life skill building exercises and literacy skill building challenges.

PROGRAM SCOPE

In the 2015-2016 school year Husky Sport focused on deepening our alignment with the goals established by Clark School’s administration and faculty. With channels of constant and open communication, Husky Sport programming aligned to better support the school’s three big rocks: Climate & Culture, Attendance, and Academic Achievement.

In these efforts to align, Husky Sport staff and volunteers worked daily to build lasting and impactful relationships through fun and engaging lessons that taught and reinforced Clark’s core values (Climate & Culture), rewarded and encouraged consistent participation (Attendance) and fostered a passion for academic growth (Academic Achievement).

Husky Sport Program Leaders were divided into three grade-level teams who worked closely with Clark teachers and one another to best create SBYP curricula that fit students’ age and grade level, classroom culture and social capabilities.

Program Leader Teams

K-2: Carolina Franco, Kerry Mattson & Cassandra Therriault

3-4: Joseph Condren and Isaiah Jacobs

5-6: Wura Olusekun and Amanda Rae McLean



	Tuesday	Thursday	Friday
8:30-9:15	Gym (McMaster)		Mullings (2)
9:20-10:00	Erickson (3)		Douglas (K)
10:05-10:45	McMaster (4)		
10:50 - 11:30	Granado (4)		
11:55-12:40	Wheeler(6) - 12:20	Butler (K)	Cruz (2)
12:50-1:30	Simboski (6) - 1:00	Satchell (1)	
1:35-2:15	DeGroff (5) - 1:45	Diaz (1)	
2:20-3:05	Maher (5) - 2:30		

Due to the December 2014 discovery of PCBs (chemical contaminants) in the Clark School building, Clark School’s elementary and middle school students remained at separate locations for the 2015-2016 school year. In the above, In School schedule programming with grades K-4 (in red) occurred at Fred. D. Wish Museum School and programming with grade 5 & 6 (in blue) occurred at Journalism and Media Academy.

CURRICULUM & LESSONS

CYCLE THEMES

Fall 2015 - Spring 2016	Nutrition	Physical Activity	Life Skills
Cycle 1: 9/28 - 10/24	My Plate	Volleyball	Relationship Building (PBIS)
Cycle 2: 10/26 - 11/21	Fruit	Soccer	Responsibility
Cycle 3: 11/30 - 12/19	Vegetables	Yoga	Respect
Cycle 4: 1/19 - 2/13	Protein	Baseball	Care (Hygiene - Self Care)
Cycle 5: 2/17 - 3/12	Grains	Track & Field	Safety
Cycle 6: 3/21 - 4/8	Dairy	Dance	Sportsmanship
Cycle 7: 4/18 - 5/7	Sugar	Dodgeball	Teamwork

MODEL LESSON PLAN OVERVIEW

Schedule Overview:	Time
<p><i>Memorable Motto:</i> Protein makes us strong! <i>Themes:</i> Baseball - Protein - Caring</p>	
<p>Welcome/Set Up</p> <ul style="list-style-type: none"> Call students to attention, review cycle themes, and model expected behaviors 	As needed
<p>Introduction/Do Now Activity:</p> <ul style="list-style-type: none"> Objective: Students will get active with baseball themed stretches and movements Activity: Have students stand and complete a cardio exercise and stretch associated with two baseball positions/movements: Out fielder – catching a hit, Batter – running the bases 	5 minutes
<p>Physical Activity:</p> <ul style="list-style-type: none"> Objective: Students will develop their understanding of baseball and nutrition through a baseball themed activity Activity: Do Now/Round the Bases 	25 minutes
<p>Life Skill / Enrichment:</p> <ul style="list-style-type: none"> Objective: Students will demonstrate caring behavior throughout the lesson Activity: See Nutrition and Physical Activity Sections 	–
<p>Nutrition:</p> <ul style="list-style-type: none"> Objective: Students will identify words commonly associated with protein in a words search Activity: Word Search 	15 minutes
<p>Review and Raffle before dismissal:</p> <ul style="list-style-type: none"> Review new information about baseball and protein covered in lesson Collect Paws and select raffle winner 	1-2 minutes

KINDERGARTEN, 1ST, & 2ND GRADE

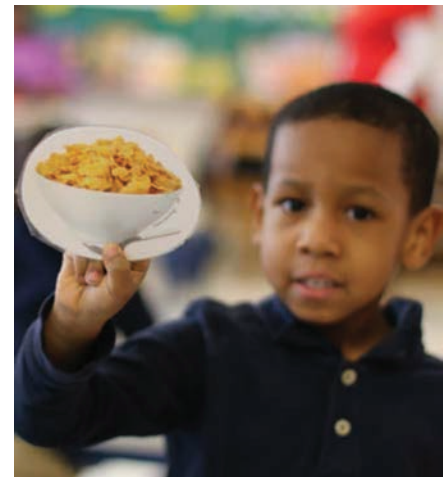


Husky Sport program leaders, Carolina Franco, Kerry Mattson and Cassie Therriault lead the K-2nd grade team. The K-2nd grade team worked with six Clark School teachers to plan age and grade level appropriate SBYP lessons, align with classroom culture and behavior management strategies and build lasting relationships with nearly one hundred K-2 students.

Building from last year's experiences, the K-2 team often used the divide and engage classroom technique to work with students. Dividing these younger students into smaller groups helped with engagement, focus and a positive climate. Having smaller groups also allowed consistent student volunteers to build relationships with and lead smaller sets of students, which improved excitement for activities, overall participation in the lessons and the climate and culture of the classroom.

KEY TAKEAWAYS

- Visuals are one of the most effective learning tools for the younger grade levels.
- Teachers are receptive to connecting with Program Leaders so that lessons, classroom culture and themes are aligned.
- Students were most excited about activities that were hands on and allowed for movement throughout the classroom.



3RD & 4TH GRADE

Husky Sport program leaders, Isaiah Jacobs and Joe Condren, led the 3rd & 4th grade team. They programmed for one third grade and two fourth grade classes in addition to supporting a gym period on Tuesday mornings. Cultivating collaborative relationships with four teachers, five teacher aids, and nearly 60 students helped to keep lessons and activities interesting and engaging.

In each semester, the 3rd & 4th grade team had a consistent group of 7 volunteers from the Husky Sport service-learning course. Having the same cohort of volunteers every week allowed volunteers to build relationships with the 3 & 4 team and students. Volunteers took pride in their efforts and when it came time to develop and implement their own lesson plans as part of their service-learning course requirements, the lessons were very successful.



KEY TAKEAWAYS

- Consistent volunteer cohorts provide a boost to the classroom climate and culture.
- The divide and engage strategy is a great tool for developing fun and effective lesson plans where all students are consistently engaging in activity.
- Having defined roles for Clark staff and SBYD volunteers improves student participation and program alignment.



5TH & 6TH GRADE



Husky Sport program leaders, Rae McLean and Wura Olusekun lead the 5th and 6th grade team. Maintaining open and consistent communication with four classroom teachers, the 5th & 6th grade team created and implemented SBYD lessons and activities for nearly 60 students.

Working alongside Clark teachers and taking the input of the older students, the 5th & 6th grade team

developed lessons that were fun and engaging, age and culturally appropriate, and incorporated classroom themes and behavior management techniques. The 5th & 6th grade team often used the divide and engage technique to enhance lessons and maintain student interest and focus.

KEY TAKEAWAYS

- Consistency is key; students respond best to clear and predictable expectations.
- Having student input for the lesson plans produced more dynamic, student-centered and engaging lessons.
- Having specific roles in the lessons for Clark teachers and support staff helps with behavior management and student engagement.



TESTIMONIALS

Programming Tip #1: “Don't be afraid to make a fool of yourself. Our lessons were more engaging and well received when we just went out there and had fun.” – Husky Sport Graduate Assistant



Programming Tip #2: “Creat[e] different nutrition games for the age levels. My Plate activities that work for K-2 aren't as engaging with older students.” – Husky Sport Program Leader



Programming Tip #3: “Utilize staff presence...multiple adults running programs in the classroom are able to divide and engage students into small groups.” – Husky Sport Program Leader



Programming Tip #4: “Energy is contagious, and will be reciprocated by the students. As you lead lessons, it is important to have that energy to engage students consistently throughout the class.” – Husky Sport Public Ally



LOOKING AHEAD

As our In School program transitions in the upcoming academic year, Husky Sport hopes to:

- Forge new relationships with our future In School partners
- Utilize the wealth of experience and knowledge gathered within the Clark School community to provide lessons that align with school goals
- Provide engaging lessons plans and activities that align with the Husky Sport pillars: nutrition, physical activity, life skills, and literacy
- Continue to build intentional relationships through the development of new co-constructed curriculum and areas of focus

Also aware of the challenges ahead, Husky Sport is preparing to work hard in collaboration with our future In School partners to provide a:

- Fulfilling experience for all of the stakeholders involved
- Better align with teachers and program staff on students' homework and curriculum
- Further integrate PBIS standards and language into the collaborations
- Build stronger communication between Husky Sport and community partners

THANK YOU

We will miss the students and teachers at Clark School. We thank them for their willingness to allow us in their school and their welcoming embrace as hundreds of Husky Sport staff and volunteers walked through their doors over the last decade.

You are truly appreciated!

